

RHYTHMICAL EINREIBUNG | An Anthroposophic Nursing Course

RE LEVEL 1 • FOUNDATION COURSE: **PART 1A**, March 1-3, 2019; **Part 1B**, March 15-17, 2019

Friday & Saturday 8:30-6:00 & Sunday 8:30-1:00 • Fellowship Community, Spring Valley, NY

Rhythmical Einreibung is a nursing treatment that gently enlivens, warms and nurtures the whole human being through the conscious application of qualities of touch and therapeutic oils.

RE Part 2 Course will be offered in October, 2019.

Part 1 Course for Nurses, Massage Therapists, Health Care Professionals, Parents and Caregivers. Students will be introduced to the theory of rhythmical and life processes through instruction and practice and will learn:

- The qualities of rhythmical touch and how to provide them.
- The meaning of the warmth organism and its importance in therapy.
- Application of the rhythmical qualities in other nursing situations.
- Indications and contraindications of Rhythmical Einreibung.
- Rhythmical Einreibung of the sitting back, legs and feet.

The learning process is experiential and imaginative, imparting a living knowledge of Rhythmical Einreibung that participants can integrate into their health care practices and life situations. A mentoring process is available to those who wish to continue with this training.

Costs of the course:

\$595 for early registration

\$570 with NAANA Membership: discount of \$25

\$695 for registration after September 1st, 2018.

A healthy snack will be served; meals are not included in the fee.

REGISTRATION IS LIMITED TO TWELVE PARTICIPANTS.

Suggested dates for cancellation:

1. Full refund, less \$50 administration fee if written notice is received before February 1st.
2. 50% refund: If written notice is received after February 1st.
3. Cancellations after February 15th will not be eligible for a refund.



FACULTY

Janice Balaskas, RN, is an Anthroposophic Nurse Specialist, Rhythmical Einreibungen Specialist and Teacher and Rhythmical Massage Therapist. She teaches RE in the USA, Europe and Asia.

Judith Brockway-Aventuro, RN, BSN, is an Anthroposophic Nurse Specialist, Rhythmical Einreibungen Specialist and Teacher and Rhythmical Massage Therapist. She teaches RE in the USA.

For information about the course contact:

Janice at janicerosebalaskas@gmail.com or **484-250-3529**.

Accommodations & meals contact:

Judith at judithbrockway@gmail.com or **502-693-3258**.

TO REGISTER

Complete this registration form & send full payment to:

Janice Balaskas
1432 Temple Road
Pottstown, PA 19465

Write Checks to: 'NAANA'

Write in Check Memo: 'RE FC Part 1 Spring Valley 2019'



www.aanthroposophicnursing.org

REGISTRATION: RHYTHMICAL EINREIBUNG, PART 1 COURSES • **Part 1A**, Mar.1-3, 2019 • **Part 1B**, Mar.15-17, 2019

NAME:

ADDRESS:

TELEPHONE:

EMAIL:

PROFESSION:

RE EXPERIENCE:

AMOUNT OF \$ ENCLOSED:

Write Checks to: 'NAANA'. Write in check memo: 'RE FC Part 1 Spring Valley 2019'.