

RHYTHMICAL EINREIBUNG | An Anthroposophic Nursing Course

PART 3 FOUNDATION COURSE February 18-22, 2019
Corte Madera, San Francisco, CA

Rhythmical Einreibung is a nursing treatment that gently enlivens, warms and nurtures the whole human being through the conscious application of qualities of touch and therapeutic oils.

RE Part 3 Course – WHOLE BODY EINREIBUNG for Nurses, Massage Therapists & other Caregivers

Completion of Part 1 and 2 is a prerequisite, along with a recommendation from a Specialist in RE.

This course also welcomes those who want to refresh their skills in the WBE.

Students will continue to work with the theory of rhythmical and life processes through instruction and practice. In this course we will address the following:

- Review Einreibungen from Part 1 & 2.
- Review of Adult Learning Process and Quality Criteria.
- Review 3- and 4-foldness.
- The theory aspects and draping of the Whole Body Einreibung (WBE).
- The variations, effects, indications and contra-indications for the WBE.
- Importance of warmth in creating a therapeutic environment.
- RE of the Ankle circles, Lemniscate Back, and Asthma Back.
- Therapeutic Substances
- Goethean Observation

The learning process is experiential and imaginative, offering a living knowledge of Rhythmical Einreibung that participants can integrate into their health care practices and life situations.

A mentoring process is available to those who wish to complete the Foundation Course.

Costs of the course:

- \$595 for early registration
- \$570 with NAANA Membership: discount of \$25
- \$695 for registration after January 1, 2019.

A healthy snack will be served; meals are not included in the fee.

Suggested dates for cancellation:

1. full refund, less \$50 admin fee: receive before January 1, 2019.
2. 50% refund: receive before January 15, 2018.
3. After January 15: not eligible for refund. Other person may be substituted by the participant for \$50 admin fee.



FACULTY

Anke Smeele RN, ANS, RET is a Specialist in Anthroposophic Nursing and Rhythmical Einreibungen. She studied under Edelgard Grosse-Brauchman. Anke is Board Member for the Anthroposophic Nursing Association (NAANA), and teaches in the Foundation course and Specialist training for Anthroposophic Nurses at the IPMT.

Course Coordinator: Margo Howard
howardmargo529@gmail.com

Information on accommodation contact
Margo Howard. Cell phone 510 875-9759

Online registration and Paypal – go to
[www.anthroposophicnursing.org - courses/events](http://www.anthroposophicnursing.org-courses/events).

Alternatively: send registration form with full payment to:

Margo Howard
427 Kenilworth Ave.
San Leandro, CA 94577

Pregnancy and some medical conditions are contraindications for receiving Rhythmical Einreibung in a practice setting; please notify the course coordinators if you are pregnant or have a medical condition.



For information about
NAANA Rhythmical Einreibungen
Foundation and Specialist Courses, visit

www.anthroposophicnursing.org

REGISTRATION: RHYTHMICAL EINREIBUNG / February 18-22, 2019 / FOUNDATION COURSE PART 3 • CORTE MADERA

NAME:

ADDRESS:

TELEPHONE:

EMAIL:

PROFESSION:

RE EXPERIENCE:

AMOUNT OF \$ ENCLOSED:

Write Checks to: 'NAANA'. Write in Check Memo: 'RE FC Part 3 Corte Madera, SF- 2019'