



NORTH AMERICAN ANTHROPOSOPHIC NURSES ASSOCIATION
NAANA

NAANA News Vol.5, No. 1

Fall/Winter
2021-22

CARING THROUGH WARMTH AND RYTHYM

Dear Friends of Anthroposophic Nursing
Around the World

When we imagine the situation of anthroposophic nursing, when we collect news and thoughts from our colleagues all over the world, when we listen to the voices of those who are connected in the meditation of the nurses' verse, then we find a very differentiated and colorful picture. There are severe attacks against Anthroposophy in many European countries, we regret a deep splitting in statements about pandemic and vaccination issues in the anthroposophic communities as well as in our families. We find the awakening of a global consciousness regarding ecological questions. And there are much more questions than answers.

We look on such amazing and encouraging events like the opening of the beautiful "Haus of Warmth", an initiative of our French colleagues, or on the multiprofessional IPMT in Colombia with a Pan-South American group of nurses or an international online seminar organized by the University of Chile, or the public anthroposophic conference in Malaysia with more than 1.300 participants! We are at the beginning of long-lasting transformation process. We call it pandemic or climate change – and we know that these are the labor pains of the consciousness soul.

The IFAN Steering Committee invites you to an online three-hour seminar. The seminar will be held in three languages and three time zones.

on Saturday and Sunday, March 12 and 13.

In March 2021 many friends gathered to participate in an online program that served to connect and nourish us. We offer this opportunity again to all nurses who feel connected to Anthroposophy to join in the second annual IFAN worldwide online seminar.

We propose the following program:

1	Welcome		15 Min.
2	Text-Study	"Manifestation of Karma", Lecture 10, "Free Will and Karma in the Future of Human Evolution" by Rudolf Steiner. This lecture is also one of the suggested readings for the Annual Conference of the Medical Section in Sept. 2022. We encourage you to prepare for this. (60 min, break 5	45 Min + 5 Min

		min)	
3	The Charter for Nursing in the 21st Century	We will break into smaller groups for discussion of reflections, ideas, and ways we might be working to integrate change in our personal and professional life related to the Charter with a special emphasis on pandemic and vaccination issues.	45 Min
4	Break		30 Min
5	Annual Conference	The Annual Conference of the Medical Section 13-18 September 2022 at the Goetheanum, has as its theme: "The heart around us - the importance and meaning of the therapeutic community" »Das Herz im Umkreis – die Bedeutung der	10 Min

		therapeutischen Gemeinschaft« We will have an exploratory conversation together to build pictures and enter into a relationship with this theme as a community in the months leading up to the Conference	
6		Collaboration in the International Forum for Anthroposophic Nursing (IFAN) IFAN, Steering Committee, Vademecum Group, Website and National Associations. Activities & Communication. Are there needs of associations and individuals that IFAN could support? Questions for IFAN?	15 Min
7	Closing		10 Min

The times for the **English language (West)** conference are:

Saturday, March 12th

- London 09:00 pm – 00:00 am
- Santiago de Chile 06:00 pm – 09:00 pm
- New York 04:00 pm – 07:00 pm
- San Francisco 01:00 pm – 04:00 pm
- Berlin 10:00 pm – 01:00 am

[For this conference, please register here](#)

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The **German** language conference will take place on

Saturday, March 12th

- Berlin 04:00 pm – 07:00 pm
- Amsterdam 04:00 pm – 07:00 pm

[For this conference, please register here](#)

The times for the **English language (East)** conference are:

Sunday, March 13th

- Wellington NZ 01:00 pm – 04:00 pm
- Melbourne 11:00 am – 01:00 pm
- Tokyo 09:00 am – 12:00 pm
- Taiwan 08:00 am – 11:00 am
- Malaysia 08:00 am – 11:00 am
- Berlin 01:00 am – 04:00 am

[For this conference, please register here](#)

The times for the **Spanish** conference are:

Sunday, March 13th

- Santiago de Chile 09:00 am – 12:00 pm
- Madrid 01:00 pm – 04:00 pm

[For this conference, please register here](#)

Please register by using this MS Forms Document by Wednesday, **March 09th 2022**

You will receive a TEAMS Link.

Further information will be provided by rolf.heine@medsektion-goetheanum.ch

Board of Directors

President— Elizabeth Sustick

Vice Pres—Laurie Schmiesing

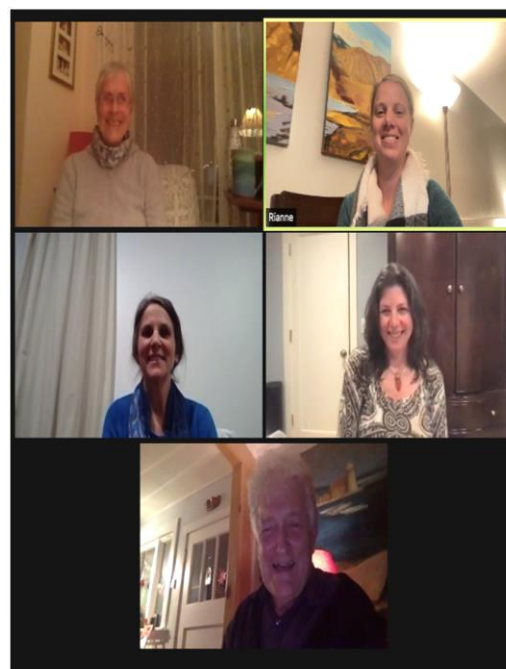
Secretary—Rianne Clark

Treasurer—Charles Mattlock

Education – Laurie Schmiesing

Development - Tina Galgon-Herr

Public Relation—Elizabeth Sustick



NAANA Board of Directors

Many of our meetings have been by Zoom. Here our full Board connecting via Zoom. From the top: Elizabeth Sustick, Rianne Clark, Tina Galgon-Herr, Laurie Schmiesing, Charles Mattlock

New NAANA Faculty

by Elizabeth Sustick

Dear Laurie,

On behalf of the teacher recognition circle of colleagues, it is my joy to share the successful conclusion of your application for approval as a NAANA teacher.

Thanks for your patience with this process unfolding as it did.

We are fortunate to share in the connection to the caring stream of life. The enlightening insights we have gained, and the enrichment of experiences, have opened our hearts to the reality of man and nature.

I look forward to the new paths of comprehension you will add to this endless source of abundance.

With Michaelic Greetings,

Elizabeth

Sept 27, 2021



NEW NAANA FACULTY

Laurie Schmiesing, MSN, RN, CNS, ANS, RES
and Body Talk practitioner

CONTACT INFO

650-303-5460

<https://www.laurieschmiesing.com/>

Lakota Waldorf School

by Elizabeth Sustick

NAANA has made two donations to this Waldorf School, one in honor of our teacher, Christoph von Dach and another from NAANA. Please enjoy their Christmas newsletter.



**Lakota
Waldorf
School**

December 18, 2021 E-
Newsletter

Holiday

Wishes, Campaign Success & A Lakota Winter Story

Campaign success!



We are pleased to share that as of today **LWS has received over \$29,228 in annual fund gifts** -- which means we exceeded our campaign goal of \$25,000!

Thank you for generosity. Thank you for helping us to provide tuition-free indigenous Waldorf education to children living on one of the poorest Indian reservations in the states.

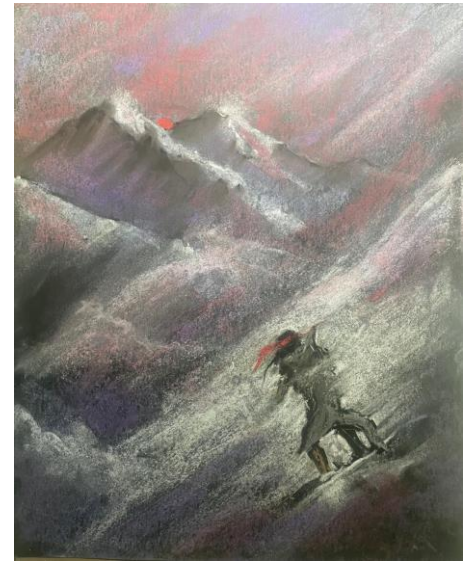
The following "**Lakota Winter Story**" is an example of the integration of Lakota culture into our Waldorf educational program - which has been made possible through generous grants and gifts we've received from good people like you.

"Wazi" - A Lakota Winter Story

Written by Santee Witt,
LWS's Lakota Cultural
Teacher

Chalk Board Drawing by Kris
Carlson, LWS's 1st-3rd Grade
Teacher

(Wazi is short for Waziyata, which means North in Lakota.)



Wazi was a boy who lived with his people when the Lakota hunted buffalo and the land was free. Wazi wanted to go on a journey of the vision quest. He would go in the winter months where most went in the spring. He sat on a high peak above the land of the Lakota. It was cold and snowy, but Wazi felt at home within the fallen snow.

In his vision he sees the hardships his people will have to face in the future. He was shown where medicines lie for the benefit of the people. He found the sacred roots and medicine that lay within the land and these medicines will be used for future generations to come. He was told that sickness will wash away with the snowfalls to come, the falling snow is purifying. And that the

seasons were a sacred blessing for the people. Within change we always find the goodness it brings.

We must replenish ourselves to carry on and Wazi learned it on his quest. The visions of the people remain strong, even today the dreams continue along with the seasons of change.

To all our LWS Friends & Families,

As blankets of cold and snow come to cover Mother Earth this holiday season, please know that we hold you close in thought and send the warmest of wishes. May your homes be warm and safe. May your hearts be blessed by family and friends. And may we all be renewed in soul and spirit for our continued work in the new year ahead.

The LWS Teachers, Board, and Staff



Sending You Warm Holiday Wishes!



PHOTO: Students (Grades 1-3) making a large holiday decoration for their classroom wall.

Pilaun'yayapi!
(We thank you all.)



Seeking a qualified individual to oversee and manage the many facets of Hilltop House, a unique 33-bed Adult Care Facility set in the middle of the Fellowship Community in Chestnut Ridge. The interactions of Hilltop House with the people and activities of the community make it a vibrant and lively place. It is a place where members receive excellent care, and co-workers feel part of something meaningful.

The Hilltop House Administrative Coordinator is a comprehensive position which includes oversight and compliance with state and county regulations, human care, staff management, budgeting, meals, and physical spaces. Qualifications • Strong interest in alternative, human-centered healthcare • Experience in healthcare management/administration • Knowledge and experience in elder care

New York State registered nurse license is a plus

Organizational skills, ability to create/improve systems • Knowledge and experience in scheduling/staffing • Leadership skills • Communication skills: supervision, mediation, support of staff • Interest in working collaboratively with individuals and other institutions • Familiarity with financial and budgetary processes • Interest in education, training and professional development for staff • Flexibility

Legal Responsibilities to the Foundation • Ability to serve as 'person in charge' to the New York State Department of Health: responsibilities include medication review, Resident Medical Evaluations, dietary recommendations, member charts and monthly summaries and infection control •

Collaboration with Foundation Office to maintain Controlled Substance license, Hilltop member database, advance directives, community log of hospitalizations, and controlled substance disposal

On-site inspections, answering questions and providing documentation as requested, receiving exit reports, answering Electronic Plans of Correction as delivered by Health Commerce System (HCS) messaging. • Point person for reviews by the Independent Review Board • Completion of Annual Survey



Hilltop House seeking Administrator

by Elizabeth Sustick

and fourth quarter QSIR report for NYSDOH • Completion, with nurses, of all due procedures following the death of a member • Adherence to the Members' Bill of Rights". Maintain Standards of Care • Maintenance of high quality of care • Oversight and management of nursing and daily care of members: supervision and collaboration with nurses and care leaders, including regular meetings • Promotion of adherence to nursing standards, regulations, policies, and procedures • Upholding of infection control guidelines • Oversight of medication administration, training, annual recertification of staff • Collaboration with Nurse Practitioner or physician in managing emergent medical situations • Establishment and maintenance of safety standards to protect members and workers • Attendance at annual family meetings with NP or physician • Evaluation and support for professional training and continuing education • Evaluation and review of orientation and training programs for new employees Staffing • Assessment of care

needs and determination of staff required

Troubleshooting of staff shortages as they arise with HR • Ongoing review of applications, participation in interviews • Establishment of regular employee competencies and employee reviews •

Collaboration with Hilltop teams General Functioning of Hilltop House • Provision of safe and clean work environment • Establishment of times for work shifts and staff meetings • Oversight of food and nutrition, snacks and meals, including quality and safety • Interfacing with other institutions and agencies, i.e., home care, hospital, rehab • Availability of equipment • Maintenance of schedule for emergency drills • Review new member applications • Involvement in decisions about member moves • Regular review of care fees • Collaboration in upgrading, renovation or beautification of Hilltop spaces • Oversight of Hilltop operating budget. Approval of all purchases. • Awareness of Laundry, Housekeeping and Maintenance areas and staff

Education At least 5 years of management experience a must

RN or BSN (preferred) Schedule Monday to Friday Full-Time Salary From \$80,000

FOR MORE INFORMATION

Nancy Leopold

nancy.leopold@fellowshipcommunity.org

Kimberton Area Anthroposophic Medicine and Therapies

by Elizabeth Sustick



Seeking healers with pioneering spirits

Are you looking for a community in which to put down roots and work in medicine and therapies? We are three communities inspired by Steiner's tri-ordered social forms in beautiful Chester County, PA, outside Philadelphia.

Opportunities to collaborate professionally include working with the local Camphill communities and/or working with patients at the growing nonprofit clinic, Carah Medical Arts, while living in the socially-aware greater Kimberton area.

We welcome anthroposophic physicians, nurses and therapists – including art, music, eurythmy, massage, counseling, MCLT, etc.

Learn more: www.kimbertonamt.info

and contact us at kimbertonamt@gmail.com.

We look forward to getting to know you.

The Camphill School

camphillschool.org

Camphill Village

Kimberton Hills

camphillkimberton.org

Carah Medical Arts

carahmedicalarts.org

Updates from NAANA Development/ Membership Team

By Tina Galgon-Herr

1. Successful Annual Fund Campaign! \$3,525 of our \$5,000 planned, generously donated from our dedicated members and friends. Thank you!! Still not too late to donate a tax deductible gift to NAANA to support the Foundation Course of Anthroposophic Nursing in 2022.
<https://anthroposophicnursing.org/Donate>
2. Membership drive is in process for 2022. If you have not renewed yet, you still can.
3. Enliven regional AN groups. We are actively seeking a point person from regions throughout North America to hold group gatherings either in person, online or both. Please contact Tina Galgon-Herr tinaherrbear@msn.com if interested in being a regional point person. If you have an established group and want to open it up for others, please let Tina know.
4. Actively seeking a Membership Coordinator for NAANA. See description of position in this newsletter.



AHNA conference

Eira I. Klich-Heartt has submitted a proposal for speaking at the AHNA conference in Albuquerque, NM from Monday June 6-Saturday June 11, 2022. For more information please contact AHNA at [Annual Conference \(ahna.org\)](https://www.ahna.org)

Eira is pleased to report that her proposal has been accepted for presentation on June 10, 2022 at 09:30-11:00. Her topic is

Renewal: Plant Knowledge through Goethean Observation

By: Eira I. Klich-Heartt, DNP, CNS, ANS, AHN-BC

Medications have had plants as their beginnings. Through an experiential, phenomenological approach of Goethean observation nurses can learn to appreciate the medicinal value of plant substances. The use of plants for healing can give patients' and nurses renewed support for their condition and therapies.

Illuminating Nursing's Value: The 12 Anthroposophic Nursing Gestures

Michele R. Kramer, PhD, MSN, RN, AHN-BC, Laurie Schmiesing, MSN, RN, ANS, RES,
Christoph von Dach, DNP, MSc, RN

Congratulations to Laurie Schmiesing, Michele Kramer and Christoph von Dach on their article published this past August 2021!! The article is available online to either rent or purchase.

The article makes an excellent case for quantifying nursing's value through the use of the 12 Nursing Gestures. Through the use of intentional gestures, discussion in care groups and documentation of such in electronic care records the nurses value in providing care can become more transparent and allow nursing care to be valued and quantified for healthcare.

Journal of Holistic Nursing.

First Published August 31, 2021 Research Article

<https://doi.org/10.1177/08980101211039083>

Abstract

Nursing care historically has not been separated from institutional care costs. Organizations seek to quantify nursing care with no assignation of the value or uniqueness of the individual patient–nurse encounter. New models point to measuring care at this level. Nursing care encompasses tangible evidence that can be easy to quantify but, in the paradigm of healing and caring, and more specifically within the knowledge pool of holistic nursing, significant contributions are intangible and thus hard to measure. Anthroposophic nursing's 12 nursing gestures offer an integration by making intangible nursing practice tangible. They incorporate addressing the whole person and more clearly show the caring and healing aspects of nursing care. Making such intangibles of care tangible contribute to the discussion of nursing value and how it is measured in healthcare organizations. More research is needed, however, to refine and value nursing care to more accurately reflect the connection between caring, healing, and patient outcomes.

Keywords

[measuring nursing value](#), [intangible and intangible nursing care](#), [anthroposophic nursing](#), [spirituality](#), [healing](#), [holistic nursing](#)

Membership Coordinator Needed

Tina Herr, our Development Chair and the Development and Membership committee and Board are actively seeking a membership coordinator to replace our dear Teresa Ferrari, who has needed to give up these responsibilities. Many thanks to Teresa for her years of carrying these duties with grace and welcoming for the benefit of our organization. We are grateful for the years of her service. The membership coordinator duties are as follows:

NAANA MEMBERSHIP COORDINATOR

1. Is appointed by and accountable to the NAANA Board of Directors.
2. Participates in Board meetings as a voting member
3. Supports and sustains the work of NAANA
4. Maintains the current membership list with full contact information; name, mailing address, email address and telephone
5. Shares this list with Treasurer and AAMTA, communicates updates 2x/year
6. Sends renewal letters to members via email (unless mailing address is requested) by mid late June of each year
7. Follows up with reminders in August of each year
8. Sends acknowledgement letters by late August/early September of each year
9. Is responsible for communication with NAANA members and potential members with the oversight of the BOD and/or committee chair requesting communication
10. Develops and fosters relationships that help to build the membership base
11. Works together with BOD and PR/Outreach Committee for ideas to grow the membership
12. Keeps track of historical data regarding membership

12/2016

Most of this work is in keeping our rosters straight, and welcoming new members into our organization. If you are drawn to such interaction and can make such time available to support our organization please contact the Development Chair, Tina Herr at tinaherrbear@msn.com

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