

Save the date: 06/04/2024 Nurses Online Meeting

*Rhythmical Einreibung according to Wegman/Hauschka:
Aspects of quality and implementation or
How do they live in our environment?*

Dear friends of anthroposophic nursing!

It is now February. Nevertheless, I wish everyone a blessed new year in which we can all strengthen the light of peace within and without!

What is "anthroposophic care"? There are many answers to this question. In any case, it is probably a path to which one must set out. The rhythmical Einreibungen according to Wegman/Hauschka has become a centerpiece on this path. In an archetypal way, they unite various central qualities and provide concrete exercises "in the hands".

At the conference of the International Forum in Dornach in September 2023, the need for international exchange and networking regarding rhythmical Einreibung arose. As a follow-up to the online meeting on December 2, 2023 on the Nurses Meditation with Rolf Heine, I would now like to invite you to an online meeting on rhythmical Einreibung on April 6, 2024! We aim to try to bridge the gap between the high-quality rhythmic embrocation and our different everyday care routines.

A two-hour meeting is planned with the following agenda:

Welcome approx. 5 minutes

presentation or opening remarks: Through head, heart and hand - How do we create rhythm in einreibung?

Michaela Schnur and Birgit Faller, approx. 40 minutes

Break 5 minutes

Working groups, approx. 40 minutes:

1. How RE practiced in your environment? Are they practiced in care facilities? Are there nurses nurses practices) for it? Nurses offices for anthroposophic care?
2. How does RE help us in everyday care?
3. How can we master the balancing act between
 - RE as an instrument in daily care with easy-to-learn and easy-to-integrate forms and
 - RE as a therapeutic method that is increasingly and beneficially used in practices - even by people without a nursing profession?

What experiences, concerns or suggestions are there regarding the training curriculum "Experts in Anthroposophic Nursing (IFAN)" with regard to RE?

Plenary session approx. 30 minutes

We will meet in four time zones and three languages.

Englisch 1	Saturday, April 6 local time	Spanisch	Saturday, April 6 local time
Wellington	08.00 p.m.	Madrid	01.00 p.m.
Taipei	03.00 p.m.	Santiago de Chile	09.00 a.m.
Tokyo	04.00 p.m.	Bogota	07.00 a.m.
Sydney	06.00 p.m.	Berlin	01.00 p.m.
Berlin	08.00 a.m.		
Deutsch	Saturday, April 6 local time	Englisch 2	Saturday, April 6 local time
Berlin, Amsterdam, Bern, Wien	10.30 a.m.	London	02.30 p.m.
		New York	09.30 a.m.
		San Franzisko	06.30 a.m.
		Berlin	03.30 p.m.

[Please register here:](#)

The access link will be sent out at the end of March.

Please forward this email to all interested nurses.

In anticipation of good encounters with you all, I greet you warmly with words from Friedrich von Logau, 1605 - 1655:

"Serious was the year that has now ended,
serious is the year that now begins.
That the world may change for the better -
Be man for the better.
Remember: the fate of the world
Is placed in your power,
And even the smallest thing in time
Is the image and seed of eternity."

„Ernst war das Jahr, das nun geendet,
ernst ist das Jahr, das nun beginnt.
Dass sich die Welt zum Bess´ren wendet –
Sei Mensch zum Besseren gesinnt.
Bedenk: das Schicksal aller Welt
Ist mit in deine Macht gestellt,
Und auch das Kleinste in der Zeit
Ist Bild und Keim der Ewigkeit.“

Michaela Schnur

Dresden, February 4th, 2024